

Helping Teams To Exceed Expectations

## FAMILY DYNAMIX<sup>®</sup>

Build even stronger family relationships  
 "It all begins with self-awareness"

Effective communication leads to improved family relationships, less stress and more fun

### Who should attend?

- Your Spouse
- Children 13+
- Your Parents
- Brothers and Sisters
- Grandparents
- Any other Family Members

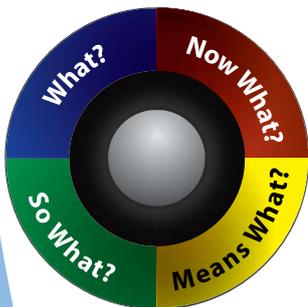
Discover your unique communication style using our **DYNAMIX<sup>®</sup>** profile. **Red**, **Yellow**, **Green** and **Blue** communication preferences are measured using our easy-to-use **DYNAMIX<sup>®</sup>** model.

Learn to identify others' communication styles in order to better adapt and communicate with even the most difficult people.



### Effective Communication Model

The most effective communication demonstrates **Courage**, **Discipline**, a desire to **Grow** and a **Commitment** to excellence. Our **DYNAMIX<sup>®</sup>** profile will measure your capabilities in these 4 areas as well.



### Effective Feedback Model

Learn how to give and receive more effective, positive and constructive feedback in order to continually improve your family relationships.

### Build a Family Team Charter including :

- Your Family Mission & Vision
- Your Family Goals
- Your Family Values & Ideal Behaviors

"Effective communication is the foundation of every successful relationship."

## THE CHALLENGE

Despite the fact that we have more communication tools at our disposal, communication challenges are on the rise.

Poor communication leads to misunderstandings and can have a negative impact on your family relationships. When people become too busy to communicate effectively, misunderstandings and conflict increase.

## THE BENEFITS

⇒ Learn more about different communication styles and how to better adapt to your family members.

⇒ The **DYNAMIX<sup>®</sup>** profile can be used as a coaching tool and as a part of a personal development plan to improve family relationships.

⇒ Discover how to give and receive more effective feedback to improve your relationships.

⇒ You will receive 2 family team color grids which will help you to improve your communications.

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